

User Guide:

This is a general guide, please contact your Demodex consultant for individualised support.

Pro-D'modex Treatment (PDT) & Skin-D'modex Treatment (SDT)

PDT and SDT can work alone, or used together make a powerful duo to help target Demodex mites directly. Their unique formula aims at killing Demodex on contact on skin and stop cross-contamination on personal care items.

Every night as the mites come onto the surface of the skin, the spray helps in reducing their population. Contact your Demodex consultant directly to ensure you are using correctly and getting the desired result.

How to Use:

- Spray problem areas directly.
- Use every night before bed.
- Do not rinse.
- Spray personal care items such as towels, pillows, hairbrushes, etc. before use.
- Contact your Demodex consultant before first use for individual advice.

Note:

To avoid cross-contamination, please do not share personal care items with anyone.

Hint:

Those with sensitive skin or severe symptoms may need to introduce products slowly. In the case you experience this please follow the following and contact Ungex directly:

Sensitive Skin: Mix PDT or STD with water and gradually increase the ratio.

Die-off Reaction:

Also known as healing reaction can sometimes be experienced in those with a high population of Demodex mites during the first months of treatment. This is normal and a good sign that products are doing their job.

Please contact your Demodex consultant directly with any concerns!





Please contact your Demodex consultant directly before your first use to ensure complete understanding of proper use and best results.

These products are not like regular shampoos or skin products. They are specifically designed for use over the entire body, including scalp and face.

The correct method of use is equally as important and may vary according to the individual.

Note:

No other products should be used for protocol duration. If this is unavoidable we strongly suggest that other products be used in the morning.

If skin becomes dry, try using organic cold pressed extra-virgin coconut oil to introduce some moisture without feeding the Demodex.

Please contact your Demodex consultant directly for further information.

Recommended Purchase

Help support the elimination of Demodex mites with our product range.

This is a general guide, please contact your Demodex consultant for individualised support.

All Ungex products should be used at night.

Invigorating Shampoo (IS) & Purifying Shampoo (PS)

Don't let the name fool you; these shampoos are for use on the scalp, face and body.

How to Use:

1. Read the 'Directions for Use' on products.
2. Only focus shampoo on scalp/skin at night.
3. The two shampoos can be used on alternating nights.
4. Wash with warm water, then before exiting the shower, let cool water run over your skin.
5. Rinse as soon as you have finished lathering, do not leave on for an extended amount of time.
6. Do not use products like conditioners, lotions or moisturisers to avoid feeding the mites.

When to Use:

- Only when there is dirt to remove from skin. 'Dirt' can be defined by an unpleasant odour, cosmetics, air pollution, etc.
- When skin is clean shower with plain water only to control oil, massaging the skin as you go.

Notes:

- Hair does not need shampoo, only scalp.
- Sebum (oil) is not an indication of dirt.
- Avoid shampoos if your skin is not dirty.
- Do not over cleanse the skin with shampoo.

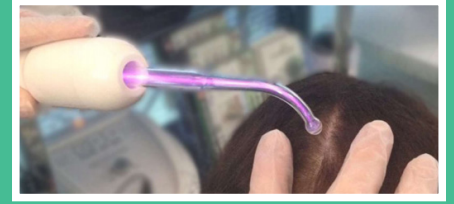
Important:

- Shampoos alone are not enough to eradicate mites.
- For full Demodex elimination Bundles are required.
- Recommended minimum usage is 3-4 months.



Recommended:

High Frequency Instrument (HFI)



The HFI helps speed up the process. Its use in conjunction with Ungex products can help eliminate mites, among other benefits. It is advised that this technology is not available for purchase from Ungex directly.

Please seek the advice of a Demodex consultant with any questions on using a HFI with Ungex products.

How to Use:

1. Clean and sterilise the HFI before use with PDT.
2. Switch on and insert the appropriate attachment.
3. Move over the skin in a circular motion, not leaving in one spot for longer than 10 seconds.
4. Adjust the intensity of the frequency to your personal preference.
5. Adjust the intensity to 0 before you turn off the HFI and remove attachment.

Sterilise with PDT after use.

Reccomended Use:

Minimum once weekly up to every night.



High Frequency Instrument (HFI):

Help Ungex products better penetrate the skin by using the high frequency instrument in conjunction with your routine. This instrument has a whole host of other benefits to compliment your Ungex Care Plan.

Shampoos

Help remove food source to weaken colony. Suitable for use over whole body.



Treatment Hair Tonic

Helps protect hair and scalp, soothes itching and irritated skin, some hair growth properties.



✓ Pro D'modex Treatment & Skin D'modex Treatment:

Help kill mites on contact and prevent re-infestation from personal care items.



High Frequency Instrument:

Helps push products deeper under skin to better target mites. Many other hair and skin benefits.

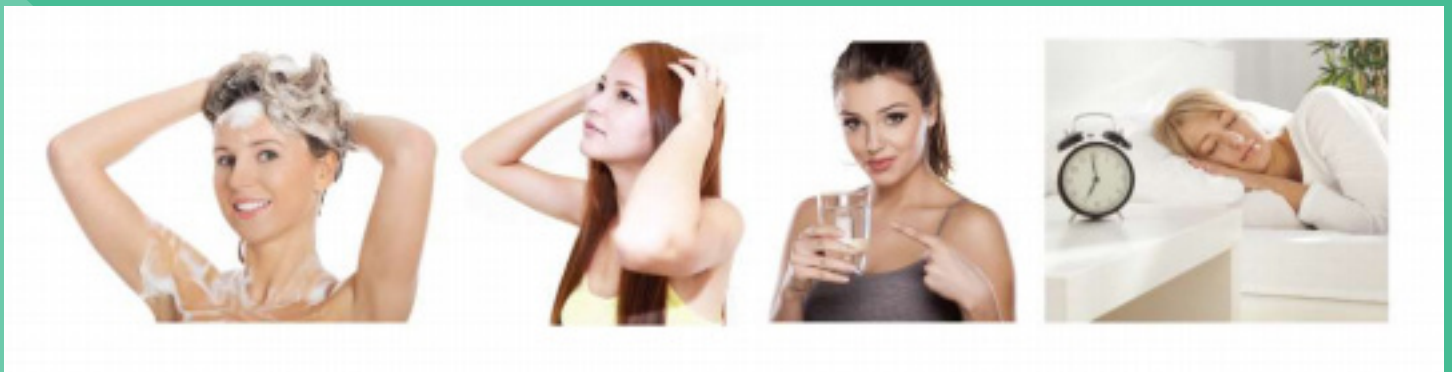
General Tips:

STOP BAD HABITS



- Reduce sedentary lifestyle, smoking, alcohol consumption, sleeping in late, stress and pressure.
- Do not share your towels, hair styling tools, or any other items that have come into contact with your head and face.
- Reduce consumption of fried and oily junk foods.
- Decrease the frequency of chemical colouring, the use of hot hair tools and do not use low quality shampoos.

FOLLOW GOOD HABITS



- Change your pillow cases regularly and air dry bedding in sunshine.
- Wash hair in warm water, then rinse in cool water at night before bed.
- Make scalp massage a regular habit, especially after applying hair tonics
- Get at least 8 hours of sleep a night.
- Drink 6 to 8 glasses of water a day
- Try to do regular exercise, take time to relax and have fun!



Watch the Video Here



The no. 1 treatment for Demodex mites!

When it comes to Demodex, Ungex is a game changer... try it for yourself today!

Australia Toll Free: 1800 238 528

International: +61 3 9939 7575

UNGEX PTY. LTD.

Suite 1510, 530 Little Collins St.

Melbourne VIC 3000 Australia