

A close-up portrait of a young woman with long, wavy brown hair, smiling warmly. She is wearing a white top. The background is a light green color with a pattern of overlapping circles and lines, creating a grid-like effect.

unGex[®].com

User Guide



This product includes one-on-one support. Please contact customer care directly before your first use to ensure complete understanding of proper use and best results.

These products are not like regular shampoos or skin products. They are specifically designed for use over the entire body, including scalp and face.

The correct method of use is equally as important and may vary according to the individual.

ATTENTION:

You have purchased **both a service** as well as a wonderful **product**.

User Guide

This is a general guide, please contact Demodex consultant or customer care for individualised support.

All Ungex products should be used at night.

Step 1. Invigorating Shampoo (IS) & Purifying Shampoo (PS)

Don't let the name fool you; these shampoos are for use on the scalp, face and body.

How to Use:

1. Read the 'Directions for Use' on products.
2. Only focus shampoo on scalp/skin at night.
3. The two shampoos can be used on alternating nights.
4. Wash with warm water, then before exiting the shower, let cool water run over your skin.
5. Rinse as soon as you have finished lathering, do not leave on for an extended amount of time.
6. Do not use products like conditioners, lotions or moisturisers to avoid feeding the mites.

When to Use:

- Only when there is dirt to remove from skin. 'Dirt' can be defined by an unpleasant odour, cosmetics, air pollution, etc.
- When skin is clean shower with plain water only to control oil, massaging the skin as you go.

Notes:

- Hair does not need shampoo, only scalp.
- Sebum (oil) is not an indication of dirt.
- Avoid shampoos if your skin is not dirty.
- Do not over cleanse the skin with shampoo.

Important:

- Shampoos alone are not enough to eradicate mites.
- For full Demodex elimination Bundles are required.
- Recommended minimum usage is 3 months.

User Guide:

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Step 2. Treatment Hair Tonic (THT)

Only available with Essential Kit A1 and Bundle 1

THT is specifically designed for use on the scalp

How to Use:

1. Spray tonic evenly onto the scalp, spread with fingertips if needed.
2. When covered, massage scalp in an up and down motion with fingertips.
3. Do not rinse.
4. In special cases and with the advice of a Demodex consultant THT can be used in the morning.



User Guide:

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Step 3. Pro-D'modex Treatment (PDT)

PDT's unique formula helps target Demodex mites by helping to kill them on contact. Every night as the mites come onto the surface of the skin PDT helps in reducing their population, until eventually they are nil. Contact your Demodex consultant directly to ensure you are using correctly and getting the desired result.

How to Use:

1. Use nightly before bed.
2. Spray all personal care items such as towels, bedding, pillows, hairbrushes, etc. before use.
3. Spray problem areas directly.
4. Do not rinse.
5. Contact customer care before use for individual advice.

Note:

To avoid cross-contamination, please do not share personal care items with anyone. PDT is to be used every night.

Hint:

Those with sensitive skin or severe symptoms may need to introduce PDT slowly. In the case you experience this please follow the following and contact Ungex directly:

PDT Method (Sensitive): Mix PDT with water and gradually increase ratio

Die-off reaction:

Also known as healing reaction can sometimes be experienced in those with a high population of Demodex mites during the first months of treatment. This is normal and a good sign that products are doing their job.

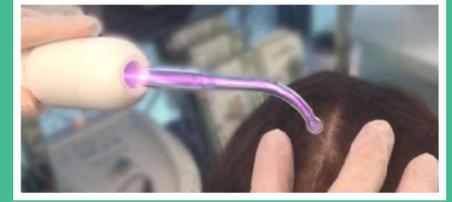
Please contact Demodex consultant directly with any concerns!



Recommended Purchase:

High Frequency Instrument (HFI)

Only available with bundles



The HFI helps speed up the process. Its use in conjunction with Ungex products can help eliminate mites, among other benefits. It is advised that this technology is NOT available for purchase from UNGEX Pty Ltd.

Please consult your friendly customer care representative for any advice on purchase or use of Ungex products.

How to Use:

1. Clean and sterilise the HFI before use. (Sterilise with PDT).
2. Switch on and apply the small ball tipped attachment (comb attachment can be used for those with extreme hair loss).
3. Brush HFI in a massaging motion over a clean dry scalp, concentrating on areas with hair loss or thinning.
4. Adjust the intensity of the frequency to your personal preferences (low, medium or high, depending on your tolerance for the HFI).
5. Do NOT use a stabbing motion to begin massage and do NOT leave HFI in one specific area of the scalp for more than 10 seconds.
6. Adjust the intensity to 0 before you turn off the HFI and remove attachment.
7. Sterilise with PDT after use.



High Frequency Instrument (HFI):

Help Ungex products better penetrate the skin by using the high frequency instrument in conjunction with your routine. This instrument has a whole host of other benefits to compliment your Ungex Care Plan.

Note:

No other products should be used for protocol duration. If this is unavoidable we strongly suggest that other products be used in the morning.

If skin becomes dry, try using organic, cold pressed and extra-virgin coconut oil to introduce some moisture without feeding the Demodex.

Please contact customer care directly for further information.

CONTACT US

As your customer care providers, we do our very best in order to support our customers' experience and are hands on to ensure your successful results. We are ready to answer any questions and take all the time to serve you well.

Please feel free to contact us at anytime.

We look forward to the privilege of serving you!

How Do You Know If You Have Demodex Mites?

A small population of Demodex mites on the body often won't cause any noticeable harm to your skin. However, like many things, a high population density means that your body simply has too many parasites to house without your body showing signs or symptoms of their habitation.

Because everyone reacts differently to Demodex mite infestations, it can often be difficult to properly diagnose. Ungex products lead the way in the holistic approach to Demodex mite elimination.

Take the Demodex mite density quiz to find out if Demodex mites are playing a role in the health of your skin!

[TAKE THE QUIZ](#)



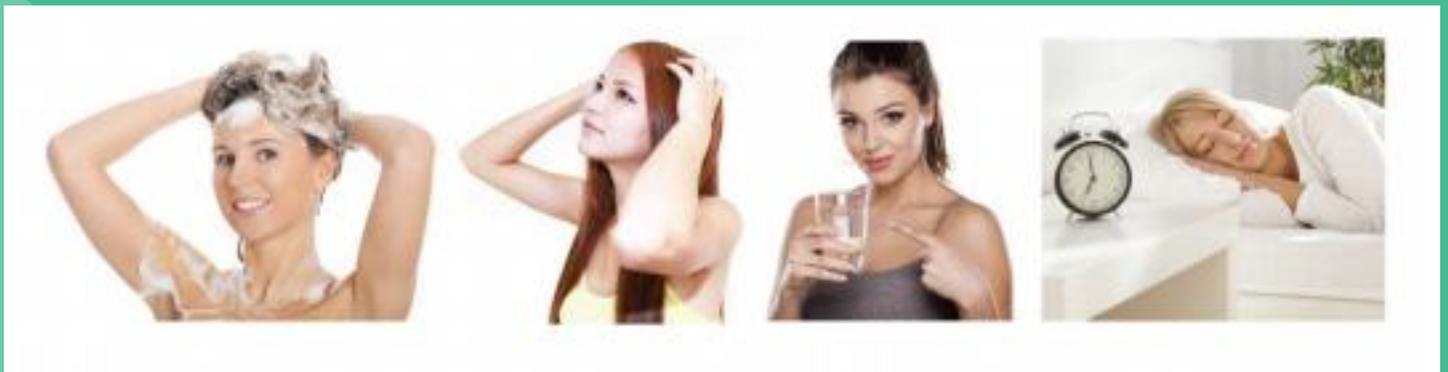
General Tips:

STOP BAD HABITS



- Reduce sedentary lifestyle, smoking, alcohol consumption, sleeping in late, stress and pressure.
- Do not share your towels, hair styling tools, or any other items that have come into contact with your head and face.
- Reduce consumption of fried and oily junk foods.
- Decrease the frequency of chemical colouring, the use of hot hair tools and do not use low quality shampoos.

FOLLOW GOOD HABITS



- Change your pillow cases regularly and air dry bedding in sunshine.
- Wash hair in warm water, then rinse in cool water at night before bed.
- Make scalp massage a regular habit, especially after applying hair tonics
- Get at least 8 hours of sleep a night.
- Drink 6 to 8 glasses of water a day
- Try to do regular exercise, take time to relax and have fun!

1. Shampoos

Help remove food source to weaken colony. Suitable for use over whole body.



2. Treatment Hair Tonic

Helps protect hair and scalp, soothes itching and irritated skin, some hair growth properties.



4. Pro D'modex Treatment:

Helps kill mites on contact and prevent re-infestation from personal care items.



3. High Frequency Instrument:

Helps push products deeper under skin to better target mites. Many other hair and skin benefits.

The Solution to Your Mites

Eliminate Demodex mites with Ungex: the best treatment for Demodex hair mites.



BUNDLE 1 Best Value

GUARANTEE

SKIN SYMPTOMS

HAIR LOSS

HOME

3 MONTH SUPPLY

HAIR, FACE, BODY

LASTS DURATION

AFTER SALE SUPPORT

BUNDLE 2

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Essential kit A1

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[Watch The Video](#)

The no. 1 treatment for Demodex mites!

When it comes to Demodex, Ungex is a game changer... try it for yourself today!

REORDER NOW

Australia Toll Free: 1800 238 528

International: +61 3 9939 7575

Suite 1510, 530 Little Collins St.

Melbourne VIC 3000 Australia